

Ά Προπαιδευτική Χειρουργική Κλινική ΕΚΠΑ Διευθυντής Γ. Ζωγράφος

Μονάδα Χειρουργικής Ανώτερου Πεπικού Υπεύθυνος Δ. Θεοδώρου



STATE OF THE ART
GASTROESOPHAGEAL REFLUX
MANAGEMENT
22 Οκτωβρίου 2016
22 October 2016

22 Uctober 2016



Athens Royal Olympic Hotel





## |Scientific Program

## Dear colleagues,

It is my pleasure to invite you to attend this meeting that aims to provide the most current knowledge on gastroesophageal reflux management. The disease is very common with a multifactorial pathophysiology and several treatment options.

Our intent is to analyze the most important aspects of the management of the disease and at the same time give the future trends and new modalities.

I would like to deeply thank our invited speakers, who responded to our call and traveled from around the globe to share their expertise.

Our sponsors also stood up for us and supported the meeting and we highly appreciate their commitment for education.

Against the general feeling of uncertainty and depression, that is expressed by our medical staff and students, we are obliged to carry on with our commitment for high level education.

This meeting is the second of an annual meeting series on Upper GI diseases with special surgical interest. For 2017 a meeting on gastric cancer is already planned.

This scientific meeting is dedicated to the memory of our colleague, Professor Stylianos Katsaragakis, who recently passed away after a long fight with cancer.

#### **Dimitrios Theodorou**

Associate Professor of Surgery, 1<sup>st</sup> Department of Propaedeutic General Surgery, Athens University Medical School, Hippocrateion Hospital, Greece

## ATHENS ROYAL OLYMPIC HOTEL // KALLIRHOE HALL

08.50-09.00	Welcome addresses G.K. Zografos, D. Theodorou
09.00-10.15	Round Table I: New insights in GERD physiology and diagnosis Chairs: A. Mantidis, V. Xiromeritou
09.00-09.15	Microbiota and GERD  K. Triantafyllou
09.15-09.30	New diagnostic modalities in GERD  D. Sifrim
09.30-09.45	Negative endoscopy patients with GERD symptoms: are biopsies necessary?  S. Sgouros
09.45-10.00	Extraesophageal symptoms: GERD or alternative explanation N. Viazis
10.00-10.15	Discussion

#### 10.15-10.45

#### State of the Art lecture

Chair: G. Karamanolis

Perception of symptoms in patients with GERD

D. Sifrim

## **10.45-11.15** *Coffee break*

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11.15-12.30  Round Table II: Medical management of GERD Chairs: S. Sgouros, D. Psilopoulos  11.15-11.30  Diet and lifestyle modifications in the management of GERD. What is evidence? D. Nastou  PPIs indication. Safety concerns Th. Emmanouil  11.45-12.00  Extraesophageal GERD: treatment options C. Kalantzis  Agents beyond PPIs. What's new? S. Manolakopoulos  12.15-12.30  Discussion  12.30-13.00  State of the art lecture Chair: G. Papatheodoridis Refractory GERD: What to do? F. Zerbib  13.00-13.45  State of the art lecture Chairs: G. K. Zografos, V. Golematis Progression of GERD under PPI therapy: Who is at risk and how can it be prevented T. DeMeester  13.45-15.00  Round Table III: Endoscopic therapies Chairs: A. Alexandrou, I. Vlachogiannakos  13.45-14:05  Management of Barrett's esophagus: Watch, ablate, resect? S. Michopoulos  14:05-14:25  Endoscopic antireflux therapies. Are there here for daily practice? G. Stefanidis  Magnetic Sphincter Augmentation for GERD T. DeMeester  14:45-15.00  Discussion		
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14:45-15.00 Discussion	14:25-14:45	Magnetic Sphincter Augmentation for GERD
	14:45-15.00	Discussion

15.30-16.10 Debate: Chronic GERD Moderators: Ch. Pappis, I. Karavokyros
<ul> <li>Long-term medication, F. Zerbib</li> <li>Surgery, T. DeMeester</li> </ul>
16.10-17.40 Round Table IV: Surgical treatment of GERD Chairs: Th. Liakakos, A. Alexandrou
16.10-16.30 Evolution of Nissen Fundoplication  I. Rouvelas
16.30-16.50 Is Toupet Fundoplication effective enough to become the standard operation?  L. Lundell
16.50-17.10 Reflux surgery in the obese and after bariatric surgery S. Kapiris
17.10-17.30 Management of failed fundoplication recurrent and new symptom L. Lundell
17.30-17.40 Discussion

### 17.40-18.10 State of the art lecture

Chair: D. Voros

Health economics of GERD management: medical vs surgical

I. Rouvelas

18.10-18.30 Memorial Ceremony for Professor Stylianos Katsaragakis

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## **Faculty list**

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Rouvelas Ioannis, Head of the minimally invasive esophageal & gastric cancer surgery, Gastrocentrum Karolinska University Hospital, Stockholm, Sweden

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Zografos Georgios, Professor of Surgery, Head of the 1st Department of Propaedeutic General Surgery, Athens University Medical School, Hippocration Hospital of Athens, Greece















## CME Credits & Certificate of Attendance

The scientific programme was accredited with 6 CME credits. All registered participants will be awarded a certificate of attendance along with CME credits. (each hour of attendance corresponds to 1 CME credit

## **Professional Congress Organizer**

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